



Casa di Cura Figlie di San Camillo

Via Fabio Filzi n°56

26100 Cremona

Tel.: 0372.421111 Fax.:0372.421133

Web: www.figliedisancamillo.it

Mail: info@figliedisancamillo.it



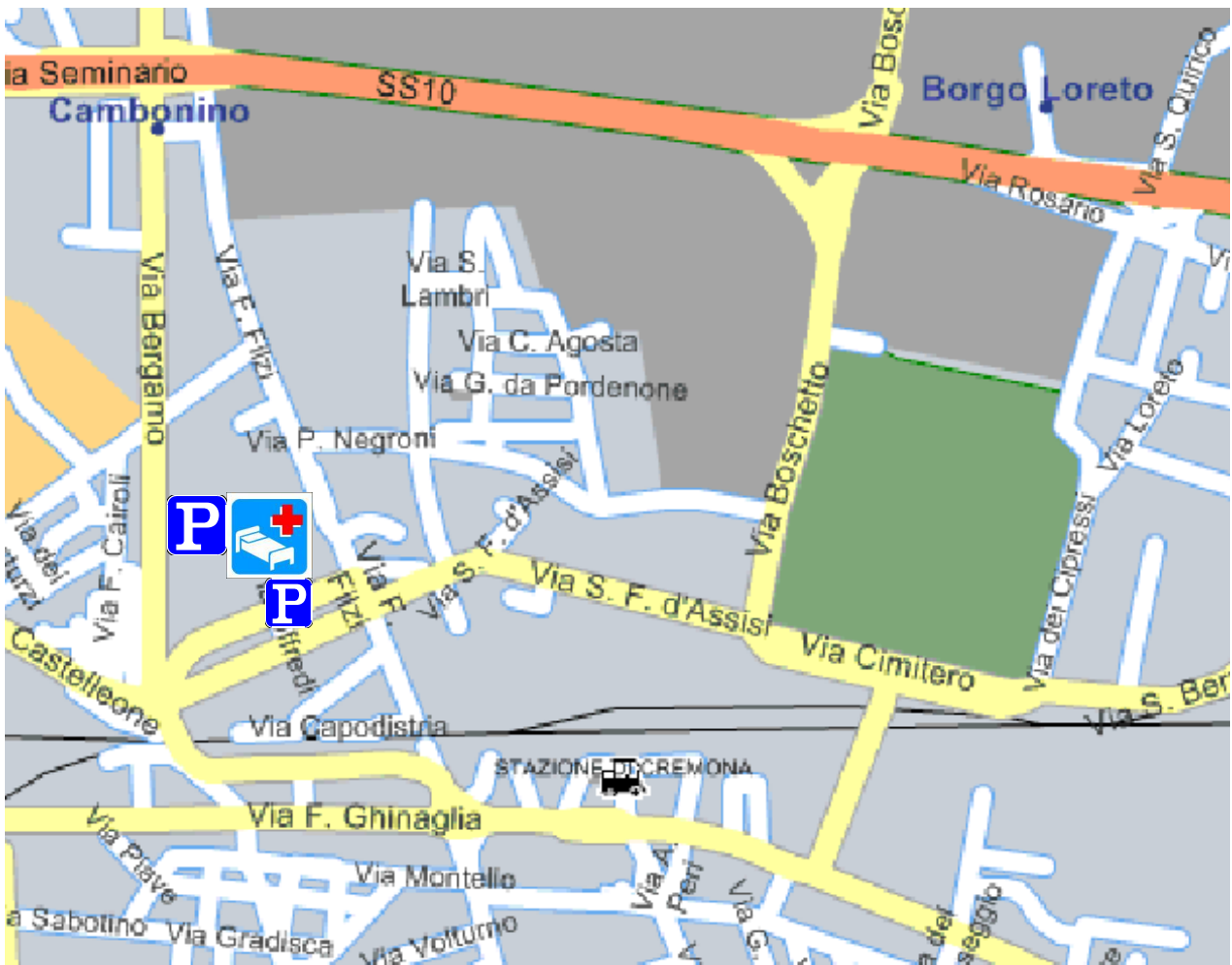
Analysis Laboratory

Responsible: Dr. Palmino Pedroni

Coordinator: Sr. Odette

Tel.:0372.421102

How to reach us



From the train station (pedestrian path)



















Departure from Cremona Station. Estimated Duration of the Journey: 00h 16 min

1			Turn right into Via Dante
2			Continue for 174 m along Via Dante towards P.zza Risorgimento
3			Turn right, continue towards the underpass of Via Fabio Filzi
4			Continue along Via Fabio Filzi for 200 m

Arrival in Via Fabio Filzi 54 Cremona

Cremona motorway exit

Departure from the Cremona motorway exit. Estimated Duration of the Journey: 00h 06 min

1			Keep left and continue over the flyover in the direction of Cremona centre
2			Turn right. Continue on the Ss10 towards CREMONA
3			Continue for 103 m
4			Turn right, continue along the Ss10/ Via Nazario Sauro (Tangenziale) towards Milan
5			At the roundabout continue towards Milan / Bergamo
6			Before the flyover, turn right to the Bergamo exit
7			Keep left after the traffic lights follow Centro
8			Continue straight past the traffic light,
9			Immediately after the Agip petrol station, on the left, you will arrive at the Figlie di San Camillo Nursing Home car park in Via Bergamo

Arrival at the Nursing Home Parking of the Figlie di San Camillo - Cremona.
Total Distance: 5km

The General Management

Dearest patient,

In welcoming you to our Casa di Cura on behalf of all healthcare workers, I send you a cordial greeting and best wishes for a speedy recovery.

The Casa di Cura Figlie di San Camillo of Cremona has been inspired since its birth by the work and charisma of San Camillo and the Beata Giuseppina Vannini, founder of the religious institute of the Daughters of St. Camillus and it is precisely with this spirit that we are committed to providing you with quality assistance in an adequate human and environmental context, certain that the hospital organization and the professional commitment of all the staff will allow you to quickly return to your daily occupations, in the best health conditions.

In this brief guide, you will find some useful information collected for you in order to allow you a better use of the hospital facility placed at your service, assuring you of our complete availability right now.

The general director

The general director

Dear patient,

with this publication we intend to offer you all the necessary and useful information regarding the services, performance, quality standards and mechanisms for protecting the citizen user.

The healthcare personnel of this Casa di Cura will do their utmost to ensure you a service based on those values which characterize our work: equality, impartiality, continuity, efficiency and efficacy in the provision of services.

Suggestions and comments will be welcome to make our work more and more appropriate to your needs.

We thank you for your cooperation.

The general director

The Public Relations Office

The Public Relations Office (U.R.P.) is the service activated for:

- provide information on services and services provided by Casa di Cura Figlie di S. Camillo
- manage user observations and reports to remove disservices that affect the quality of assistance
- it also allows you to define the level of satisfaction with the services provided by monitoring the reports received from users.

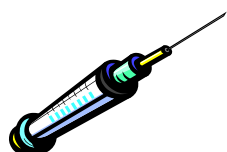
The U.R.P. is located at the administrative offices and respects the following times:

From Monday to Friday from 09:00 to 14:00

The telephone number for external calls is: 0372.421120.

Physical coordinates

The Analysis laboratory is located entering from via Fabio Filzi n° 56, on the left after the switchboard or entering from via Lazzari, at the end of the glass corridor on the right.



Sample collection and delivery

They take place every day, from Monday to Saturday from 7.00 to 9.00, after fasting for at least 8 hours.

Withdrawal of reports

At the time of sampling, a form is delivered which is the only valid document for collecting the reports; it indicates the time, day and place for collection of the same.



Exams sent in service

The Analysis Laboratory entrusts the "Synlab" laboratory of Brescia, the analysis and pathological anatomy laboratory of the ASST company of Cremona and the CDI of Milan with the execution of tests that cannot be carried out internally.



Complete urine test

For the complete examination, bring a sample of the first morning urine, unless otherwise indicated by the attending physician, in a wide-mouth container. Containers of other types cannot be used (bottles, glass jars, etc.). To perform the test correctly, it is necessary to collect a quantity of urine equal to 10 ml.

Urine culture

Method of collection for adults

1. Purchase the appropriate sterile container at the pharmacy (for outpatients)
2. Before collecting the urine (preferably the morning urine), wash the external genitalia very carefully using a common bar of soap (never disinfectants) and then rinse thoroughly with water.
3. Without drying off, urinate initially in the toilet so as to eliminate the first urine and collect the rest in the sterile container, filling it by $\frac{3}{4}$ or half without touching the edge of the same with your fingers or with the skin of the external genitalia
4. Close the container carefully and take it to the laboratory as soon as possible, keeping it in the coolest possible place in the meantime.

5. If antibiotic therapy or urinary tract disinfectant-based therapy has been performed in the previous days, the test result is not reliable. Wait at least 72 hours (3 days) after cessation of therapy.

Methods of collection for children

In the age in which they are not yet able to control diuresis, wash the child's genitals thoroughly with water and soap and then dry them, without using talcum powder. Apply the sterile bag, which can be purchased at the pharmacy, different for boys and girls. After a maximum of two hours, remove the bag and, if it contains urine, close it avoiding touching the edges, place it in the appropriate container and deliver it to the laboratory as soon as possible, being careful to keep the container in a cool place or in the fridge. If there is no urine in the bag, repeat the operation with a new bag.

Urine cytology

1 - To collect the urine, use the appropriate containers provided by the Laboratory.

2 - For a correct cytological examination, the collection is performed on 3 samples collected on 3 consecutive days or on 3 different moments of the same day.

3 - It is advisable to carry out the test on the SECOND morning urine following the procedure below:

- o Wash and dry the genital organs properly;

- o Discard the first urine of the day;

- o Collect the next urine directly into the container;

- o Avoid touching the inside of the container directly with your hands;

- o Be careful not to spill the preservative (Alcohol + Polyethylene glycol) present in the container (provided by the laboratory).

4 - Samples can be delivered at the same time and must be stored at room temperature (away from heat sources).

5 - Please return the form completed in its entirety.

24 hour urine collection

The urine must be collected in a special graduated tank supplied by the laboratory or purchased at the pharmacy following the instructions below:

1. Eliminate the first urine of the morning;

2. Collect the second urine of the day in the tank for 24 consecutive hours (ex. From 9 in the morning to 9 in the following morning);

3. Bring the entire urine tank to the end of the collection or pour a part of it into a plastic urine container, however MARKING the total contents of the tank on the jar (e.g. 800 cc, 1 l, etc.).

N.B. Durante la raccolta, le urine devono essere conservate in un luogo fresco.

Some tests in which a 24-hour urine collection is foreseen

5-hydroxy-indoleacetic acid: Collect the 24-hour urine, using the methods described above, in a container with 5 ml of HCl (to be collected from our Laboratory).

Vanilmandelic acid: In the 72 hours preceding the test, the patient must follow a diet free of tea, coffee, bananas, chocolate, vanilla and dried fruit; moreover, during the collection, he must avoid sporting activity and stress.

Collect the 24-hour urine, as described above, in a non-transparent container with 5 ml of HCl (to be collected at our laboratory).

Total urinary catecholamines: Collect the 24-hour urine, with the methods described above, in a container with 5 ml of HCl (to be collected from our Laboratory).

Creatinine clearance: During the 24-hour urine collection, with the methods described above, drink a quantity of liquids such that the total urine quantity is greater than 1500 ml (1 liter and $\frac{1}{2}$).

Urinary hydroxyprolinuria: Collect 24-hour urine.

Calciuria: collect the 24-hour urine, with the methods described above, in a container with 10 ml of HCl (to be collected from our laboratory)

Urine beta 2 microglobulin : Collect urine 24 hours.

Urinary immunofixation (immunoelectrophoresis): Collect urine 24 hours.

Albuminuria (urinary protein electrophoresis): Collect urine for 24 hours.

Oxaluria: Collect 24-hour urine.

Some exams in which 24-hour urine collections are NOT foreseen

Amylasuria: Collect morning urine.

Microalbuminuria: The collection of urine, for the dosage of microalbuminuria, must be carried out in a container that can be purchased at the pharmacy.

For the correct execution of the test, the first urine of the morning must be collected immediately after waking up, since any physical activity can alter the data obtained.

Stool examination



OCCULT BLOOD (quantitative research): The sample to be tested must reach the laboratory as soon as possible. To perform the exam correctly, a quantity of faeces equal to a walnut is required, to be collected in a sterile container purchased at the pharmacy.

COPROCULTURE: the sample to be examined must reach the laboratory as soon as possible. To perform the exam correctly, a quantity of faeces equal to a walnut is required, to be collected in a sterile container purchased at the pharmacy.

SEARCH FOR PARASITES AND THEIR EGGS: the sample must be delivered to the laboratory maximum within 2-3 hours of issue. To perform the exam correctly, a quantity of feces equal to a walnut is required. For the search for pinworms, in addition to a stool sample, it is necessary to perform a "Scotch Test" for which the laboratory provides the material and explanations necessary for the correct collection of the sample.

SCOTCH TEST: Ask for information at our Laboratory

Useful news

For the following tests, the patient should collect the information relating to the preparation methods and any suggestions from the ANALYSIS LABORATORY:

GLUCOSE LOAD TEST

Users are advised that the Analysis Laboratory carries out a microbiological sampling service for:

- ENDOCERVICAL SWAB/ SPREAD
- VAGINAL SWAB
- PAP TEST

by appointment.

For reservations, call 0372.421102 after 10:30 to 12 from Monday to Friday, or contact the staff of the Laboratory acceptance office directly.

We also remind you that for the execution of the Pap test it is advisable to present yourself from the 12th to the 15th day from the beginning of the menstrual cycle.

Certifications

If after the exam the user needs a certificate of attendance, he can request it from the staff in charge of the secretariat.

Note

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Dotted lines for handwriting practice on a page.

Useful numbers

Switchboard	0372.421111
C.U.P.	0372.421123
Health Directorate	0372.421114
Polyclinic	0372.421272
Radiology.....	0372.421123
Analysis laboratory	0372.421102
Cardiology	0372.421195
Hospitalization Office	0372.421116
Quality and Safety Office	0372.421469
Public Relations Office.....	0372.421120

User Manual - Analysis laboratory by the Quality Office

Manager Francesco Reda

Tel : 0372.421469

Mail.: qualita.cr@figliesancamillo.it



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